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## Research paper

### Comparative study of water requirements and water footprints of fibre crops hemp (*Cannabis sativa*) and cotton (*Gossypium hirsutum* L.)

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#### ABSTRACT

Water is a valuable and limited resource, which is becoming increasingly under pressure due to the impacts of climate change and over utilization by the agricultural industry. Cotton is the predominant natural fibre utilized within textiles and is a highly water-intensive crop, thereby contributing to the negative environmental impacts of water use in agriculture, such as depletion of water from ecosystems and other uses, land degradation, and dissemination of pollutants. Accordingly, there is significant interest in establishing alternative natural fibre sources, which have lower water requirements. *Cannabis sativa* (hemp) fibre is becoming an increasingly popular fibre alternative and is purported to require less water during its cultivation. Accordingly, herein data was compared across 28 prior published sources, which identified that hemp has a 38% lower crop water requirement (CWR), 60% lower water footprint (WF), 84% lower crop irrigation requirement (CIR), and 91% lower irrigated water footprint (IRF) as compared to cotton. Therefore, these results support hemp as a water-efficient environmentally sustainable alternative to cotton for fibre cultivation.

**Keywords:** *Cannabis sativa* (hemp), *Gossypium hirsutum* (cotton), fibre crops, CWR, CIR, WF

Due to limited availability of freshwater resources, any inefficiencies of water use is considered to exacerbate water shortages and place further pressure on other water uses in society (Kumar *et al.*, 2021). The World Bank's statistics indicate that agriculture is currently the most water intensive sector, accounting for approximately 70% of all freshwater withdrawals globally (International Bank for Reconstruction and Development, 2022; World Wildlife Fund). Of note, cotton (*Gossypium hirsutum* L.) production is highly water-intensive, the largest water use among agricultural commodities (Barrett *et al.*, 2005; Kooistra *et al.*, 2006; World Wildlife Fund), and accounts for 2.6% of the full global water footprint (Chapagain *et al.*, 2006). However, cotton is critically important to the textile industry, representing the dominant raw material for textile production, and accounting for almost one third of total global fibre production (Chapagain *et al.*, 2006; International Cotton Advisory Committee, 2022; Manalil *et al.*,

2017; Okafor *et al.*, 2021; Voora *et al.*, 2020). Accordingly, there is interest in exploring strategies to reduce the water burden associated with cotton cultivation.

Water utilisation during crop cultivation is often distinguished between 'blue water' (irrigated water consumed) and 'green water' (rain-water consumed) (Mekonnen and Hoekstra, 2011). Greater emphasis tends to be placed on 'blue water' crop requirements, as irrigation systems require diversion of limited water resources (Feike *et al.*, 2017; Jayakumar *et al.*, 2015), are often inefficient due to leaks (Aquatech, 2020; World Wildlife Fund) and are commonly associated with negative impacts to the surrounding environment (Gómez-Armayones *et al.*, 2018; Oosterbaan, 1988; Verma, 1986). Approximately 73% of global cotton production is grown on irrigated lands (Barrett *et al.*, 2005; Kooistra *et al.*, 2006; Kouser and Qaim, 2014). Therefore, assessing the irrigated water requirements for cotton cultivation is considered a crucial

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issue when exploring the environmental sustainability of cotton cultivation (Feike *et al.*, 2017; Ibragimov *et al.*, 2007).

Hemp (*Cannabis sativa*) is a fibre, or a dual-purpose (fibre and grain) crop, which has been suggested as an environmentally-friendly alternative to cotton for use in the textile industry (Campbell *et al.*, 2019; Schumacher *et al.*, 2020). Multiple studies have also stipulated that hemp requires little water, no pesticides or herbicides during cultivation, and is a highly productive plant, thereby suggesting the potential to reduce water needs and environmental impacts during the cultivation of textile crops (Fortenbery and Bennett, 2004; Schumacher *et al.*, 2020). However, despite both cotton and hemp being well established crops, minimal studies are available that have explored comparison of these crops in terms of industrial-scale cultivation water requirements and associated environmental impacts. Therefore, the work presented here involved the collation of available data on the respective water requirements and use efficiencies of cotton and hemp, followed by statistical analyses to explore the potential of hemp as an environmentally-friendly alternative textile crop to cotton.

## MATERIALS AND METHODS

### Data collection and analysis

Measures of water requirements and water use efficiency indicators for cotton (Table S1) and hemp (Table S2) were collected from 27 prior publications. Measures explored included: crop irrigation requirement (CIR), which is the volume of irrigated water consumed by the crop ( $\text{m}^3$  per ha) as indicated by provided irrigated water measured using a water meter (Allanov *et al.*, 2020), crop water requirement (CWR), which accounting for crop evapotranspiration is the total water usage ( $\text{m}^3$  per ha) including irrigation, rainfall, and available soil water (Casa *et al.*, 2009), and irrigation water footprint (IWF) and water footprint (WF), which are calculated (as  $\text{m}^3$  per ton) by dividing CIR or CWR ( $\text{m}^3$  per ha) by the quantity of production (ton per ha), respectively (Mekonnen and Hoekstra, 2011).

### Statistical analysis

Where multiple data points (multiple studies) were available for a measure for both hemp and cotton, two-sample T-tests were performed in the Minitab 19 statistical software package (Minitab Inc., State College, PA). Where multiple data points (multiple studies) were available for a measure for one crop but only one data point was available for the other crop (a single study or no variation across studies), one-tailed one-sample T-tests were performed in Minitab 19, utilising the value from the single measure crop for the associated hypothesis test.

## RESULTS AND DISCUSSION

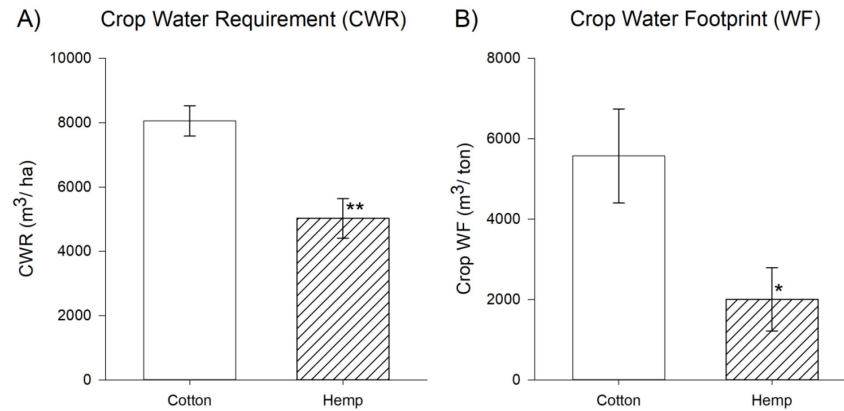
Water shortages and associated threats to water security impact almost 80% of the world's population (Mehari, 2019). Noting the high global usage of water during crop cultivation (International Bank for Reconstruction and Development, 2022; World Wildlife Fund), a primary measure during comparative crop assessment is the 'crop water requirement' (CWR,  $\text{m}^3$  per ha), which represents the total litres of water required per area of crop growth, i.e. the volume

of water required to compensate for evapotranspiration and plant water needs during growth (Surendran *et al.*, 2015). Accordingly, during comparison of crops, a higher CWR value indicates a less efficient conversion of water input into area of produce output, which should be a key sustainability consideration as an indicator of water management efficiency (Quezada *et al.*, 2011). Cotton ( $n = 13$ ) was identified as having a CWR of 8,050, whilst hemp ( $n = 6$ ) was identified as having a significantly lower ( $p = 0.003$ ) CWR of 5,024, indicating that hemp is significantly more efficient in the conversion of water input into area of produce output (Fig. 1A).

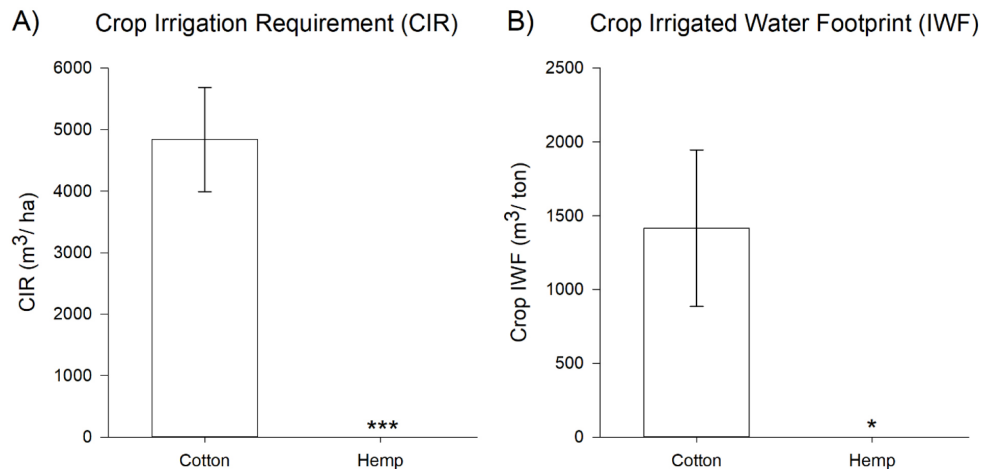
Cotton ( $n = 11$ ) was identified as having a WF of 5,569 which was significantly higher ( $p = 0.030$ ) than the hemp ( $n = 3$ ) WF, identified as 2,002 (Fig. 1B). Hatfield *et al.*, (2001) identified that for major crops, varying cropping practices or nutrient management practices was associated with substantial variation of WF across the range of approximately 300–7,000  $\text{m}^3$  per ton, and approximately 300–4,500  $\text{m}^3$  per ton, respectively. Accordingly, the mean differences observed between hemp and cotton WF of approximately 1,600  $\text{m}^3$  per ton (Fig. 1B) is not only statistically significantly, but also meaningful in terms of effect size. These results demonstrate that hemp is more efficient in the conversion of water input into yield output than cotton and highlights that this crop substitution is a potentially valuable strategy to substantially improve water use efficiency during crop growth for textile production.

Goods water use efficiency ( $\text{m}^3$  water per ton of goods) was explored as an indicator of efficiency of conversion of water input into produce output. Hemp fibre ( $n = 2$ ) was identified as requiring 2,723  $\text{m}^3$  per ton which was significantly lower ( $p = 0.028$ ) than the 9,113  $\text{m}^3$  per ton identified as required for cotton lint ( $n = 1$ ). Similarly, processed hemp products ( $n = 2$ ) were identified as requiring 2,769  $\text{m}^3$  per ton, which was significantly lower ( $p = 0.004$ ) than the 9,982  $\text{m}^3$  per ton required for cotton fabric ( $n = 1$ ). These results highlight that in addition to hemp being more efficient at converting water into plant yield, the conversion of hemp into usable yield and end-point fabric is also significantly more water-efficient than its cotton counterparts.

Agricultural irrigation impacts over 80% of water resources (Beshir, 2017), with this irrigated land accounting for 18% of total cultivated land. Water required for agricultural irrigation is a particularly vulnerable water requirement that is projected to rapidly increase as a result of climate change due to associated impacts to temperature and precipitation (Mehari, 2019). The associated crop measure, 'crop irrigation requirement' (CIR,  $\text{m}^3$  per ha) represents the volume of irrigated water (i.e., 'blue water') required per area of crop growth, wherein higher values are indicative of less efficient conversion of irrigated water input to area of produce output. As CWR is anticipated to increase with climate change, to fulfil the increased water need, crops are anticipated to become more dependent on supply of supplemental irrigated water (Ali, 2010; Mehta and Pandey, 2016). Of note, the provision of water below threshold imposes water stress to plants and results in reductions in crop yield (Falkenmark, 1997; Stone, 2003). Accordingly, comparison of CIR between crops should be a key consideration during assessment of relative crop sustainability (Richards *et al.*, 2002). Cotton ( $n = 9$ ) was identified as having a CIR of 4,840, which



**Fig. 1:** Crop water requirements. A) Crop water requirement ( $n = 13$  for cotton,  $n = 6$  for hemp), and B) Crop water footprint ( $n = 11$  for cotton,  $n = 3$  for hemp). Data presented as mean  $\pm$  standard error, \* indicates  $p < 0.05$ , \*\* indicates  $p < 0.01$ .



**Fig. 2:** Crop irrigation requirements. A) Crop irrigation requirement ( $n = 9$  for cotton,  $n = 3$  for hemp), and B) Crop irrigated water footprint ( $n = 3$  for cotton,  $n = 2$  for hemp). Data presented as mean  $\pm$  standard error, \* indicates  $p < 0.05$ , \*\* indicates  $p < 0.01$ .

was significantly higher ( $p = 0.006$ ) than hemp ( $n = 4$ ) which was identified as having a CIR of 761. This result indicates that hemp is significantly less reliant on irrigated water for growth than cotton (Fig. 2A). Similarly, the 'irrigated water footprint' (IWF, m<sup>3</sup> per ton) is representative of volume of irrigated water required per kg yield wherein a higher value is indicative of less efficient conversion of irrigated water input to yield output. Cotton ( $n = 4$ ) was identified as having an IWF of 1,416 whilst hemp ( $n = 2$ ) was identified as having a significantly lower ( $p = 0.038$ ) IWF of 0. Accordingly, whilst irrigation has been shown to improve hemp yield (Campbell *et al.*, 2019), these results indicate that hemp is significantly less reliant on irrigated water than cotton in terms of input per yield output (Fig. 2B).

Additionally, Mekonnen and Hoekstra (2011) identified that the 'blue water' footprint of cotton lint and cotton fabric are 2,955 m<sup>3</sup> per ton and 3,253 m<sup>3</sup> per ton, respectively, and that by contrast, hemp fibre and its derived fabrics have a 'blue water' footprint of 0 m<sup>3</sup> per ton. These results highlight that a follow-on consequence of the hemp crop being less reliant on irrigated water than cotton is that associated crop-derived material and fabrics have

smaller 'blue water' footprints, and are by extension less dependent on irrigated water for production. Noting that cotton accounts for approximately 7.5% of the global 'relevant for environmental deficiency' water needs (Pfister *et al.*, 2011) and that the primary goal of water-resources management is the maximisation of the beneficial utilisation of water (Seckler *et al.*, 2003), potential solutions should include exploration of crop alternatives with reduced water requirements (Grant and Elemental Solutions, 2008). This is needed now more than ever to mitigate the rapidly worsening water security pressures associated with climate change (Fader *et al.*, 2016).

## CONCLUSION

With climate change exacerbating environmental pressures associated with limited availability of water resources, it is critical to explore opportunities to reduce water requirements and improve efficiencies associated with water use. One sector that is notorious for having a large dependence on irrigated water is the agricultural sphere, with cotton requiring particular focus due to its pervasive cultivation and high requirement for irrigated water.

Herein, water use requirements, and water use efficiency from multiple previous studies on cotton and a proposed environmentally sustainable alternative fibre, hemp, were collated and contrasted to explore their relative needs and efficiencies. The results indicated that across multiple measures hemp has lower water requirements and thereby superior water use efficiency, suggesting that transition of cotton to hemp (as the crop input for textile manufacture) may be a valuable strategy for reducing the environmental impacts of the textile industry.

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